



TRUMBULL COUNTY
Mental Health and Recovery Board

Board Meeting Minutes
February 17, 2026 4:30 PM

Board Members Present: Carol Henderson, Laura Green, Teri Lacy, Cassandra Drumm, Robert Walton, Kevin Stringer, John Hugley, Matt Martin, Maria Placanica*, Lance Grahn, Louise Kline, Rachel Nader, Laurie Perry, Julia Wike

Board Members Absent: Curtis Green, Tom Harwood

Staff Present: Carie Garris, April Caraway, Lauren Thorp, Patricia Shepherd, Bud Patterson, Daniela Ghizzoni, Laura Domitrovich*

Guests: Adria Rovnyak*, Glenbeigh; Vince Brancaccio*, Help Network of NEO; Sue Bancroft*, Valley Health Services; Renee Klaric*, Valley Health Services; Vince Paolucci*, Alta Behavioral Health; Joe Caruso*, Mercy Behavioral Health

*Denotes Virtual Attendees

Preliminary

1. President Lance Grahn called the meeting to order at 4:31 PM and led the Pledge of Allegiance.
2. Teri Lacy called the roll of members and certified that a quorum was present.
3. President Lance Grahn recognized guests and staff.
4. Robert Walton made a motion, seconded by Teri Lacy to approve the January 20, 2026 Board meeting minutes. The motion passed unanimously.

Report from the Executive Director

1. State Update – ED Caraway announced that the Community Assessment and Plan (CAP) was submitted to Ohio DBH prior to the due date. She reminded the Board that it must be approved to receive DBH funding. Staff have also submitted the progress report for the last plan. ED Caraway then announced that the Culture of Quality recertification with OACBHA will be June 22-23, 2026. She stated that the original date in March was changed to prepare for new standards from the Association, to update the policies and Strategic Plan, and to complete the FY27 budget and contracts.
2. Local Update – ED Caraway stated that 120-Day Notices will be sent to providers as required once the Board passes the motion to send them to the 48 agencies that are to receive

them. A new list was disseminated at the meeting as Niles Court does not need a notice since we are considered a pass-through for their funds.

She then shared that the New Board Member Orientation occurred with 2 members attending. Cassandra Drumm thanked Louise Klein for attending the training.

The Board of Directors' attendance requirements were reviewed along with the attendance tracking sheet. ED Caraway reminded the Board that after 2 unexcused absences or 4 excused absences, we are required to send a letter to the appointing authority (TC Commissioners or Ohio DBH) about the absences. She then reminded members that per the Ohio Revised Code members are to attend one training per year. Two trainings are taking place in May, the ASAP Drug Summit and Unmute the Uncomfortable. The record of trainings that each member has participated in this fiscal year was circulated and members were encouraged to attend the upcoming trainings. She then invited any members interested to the Tri-County Trauma Informed Care training on Friday.

AD Lauren Thorp announced Gina Miranda, of the local U.S. National Guard, will serve as the ASAP Coalition Coordinator. Gina has 6 years of experience with another county in the same role and there is no cost to the Board for her time. Lauren then shared the 2025 end of year overdose statistics. She explained the various graphs that were included on the sheet in the packet. She stated that the numbers continue on a downward trend from the last few years with 54 fatal overdoses this year compared to 61 the year before. Several contributing factors to the reductions include widespread availability of Narcan, efforts to reduce stigma, different drug trends other than opiates, and prevention programming in the schools.

3. Finance Reports –Patricia Shepherd, CPA reviewed the January 2026 unaudited revenue and expenditure reports. Included in the calculations for this month was the third quarter allocation from Ohio DBH. She stated that expenditures progressed as expected and they are keeping an eye on the line-item expenditures that have exceeded 58%. All contracted service providers have been sent an email to keep them aware of where they fall within their contract.

Committee Reports

1. Addictions and Mental Health Program Committee – Vice President, Kevin Stringer provided a summary of the February meeting that included a conversation about the movement to eliminate property taxes and how that may be very detrimental to our programs. He encouraged everyone to go out and educate as many as possible about how this will negatively impact the community. The program presenter was Angela Barrett of Parkman Recovery, First Step Recovery, and Travco Behavioral Health. She explained the various behavioral health services they offer, including a home that allows mothers in recovery to reside with their children.
2. Budget and Finance Committee – No meeting to report
3. Administrative Committee – No meeting to report

Announcements/Community Partnerships/Information

1. ED Caraway referenced the Ohio Suicide Prevention Coalition article provided in the packet, "Bullying & Suicide Prevention", and shared that this year's topic at UnMute the Uncomfortable will be centered on Cyberbullying. An additional article, "How to Talk, Share, and Report about Suicide" was also included in the packet. She encouraged

everyone not to be afraid to talk about suicide and ask if people are okay or if they are thinking about hurting themselves.

2. The Warren City Health District Wellness on Wheels brochure was included in the packet. ED Caraway reminded members we provided funding for the van. They have recently agreed to work with the Board to take the van to congregate living sites.
3. The ASAP Drug Summit will take place this year on May 15, 2026, a week after the UnMute the Uncomfortable event.

New Business

1. Kevin Stringer made a motion to approve the January 2026 Revenue and Expenditure Report held subject to audit. Matt Martin seconded the motion, which was passed unanimously.
2. Julia Wike made a motion to appoint Christina Buchanan, LPC, of Coleman Health Services as a Health Officer. Carol Henderson seconded the motion, which passed unanimously.
3. Matt Martin made a motion to approve sending the 120-Day Notices to 48 TCMHR Board contracted entities. Robert Walton seconded the motion, which passed unanimously.

Adjournment

With no further business to conduct, the meeting was adjourned at 5:11 PM on a motion by Kevin Stringer, seconded by Julia Wike.

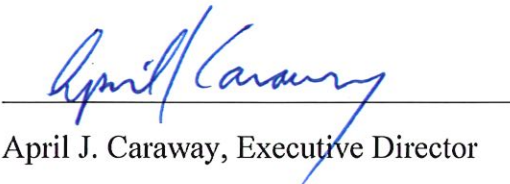
Next Board Meeting – March 17, 2026 at 4:30 PM



Lance Grahn, President



Teri Lacy, Secretary



April J. Caraway, Executive Director

3-17-2026

Date

